

NEW SESSIONS START MONTHLY!



AGES 5-9 & 10-17

YOUTH FUNCTIONAL TRAINING

@ STATELINE FAMILY YMCA

MOVE WORK FLEX

MEET IN THE LOBBY

Mondays 5:30-6:30pm Ironworks (Ages 10-17)*

Wednesdays 5:30-6:15pm Ironworks (Ages 5-9)

Thursdays 5:30-6:30pm Roscoe (Ages 10-17)*

MEMBERS \$25/MONTH

COMMUNITY \$35/MONTH



REGISTER NOW @ STATELINEYMCA.ORG/YOUTHWELLNESS

*Youth ages 10+ must complete youth or teen orientation before their first session.