

MOVE. WORK. FLEX.

AGES
5-17

YOUTH FUNCTIONAL TRAINING

Youth will enjoy a functional training program tailored towards sports performance. Join a group exercise class or workout on the wellness floor while your child does the same!

MEMBERS \$15/MONTH COMMUNITY \$25/MONTH

Meet in the Lobby

Mondays 5:30-6:30pm Ironworks (Ages 10-17)

Thursdays 5:30-6:30pm Roscoe (Ages 10-17)

Fridays 4:30-5:30pm Ironworks (Ages 5-9)

Mighty Movers
starting
May 3rd

Youth must complete youth or teen orientation before their first session.



STATELINE FAMILY YMCA | IRONWORKS BRANCH

501 THIRD ST. BELOIT, WI
(608) 365-2261

statelineymca.org/youthwellness

