



I'M BAAACK!

TRX HAS RETURNED
TO THE Y!

IRONWORKS BRANCH
501 Third St.
Beloit, WI 53511

Small Multi-Purpose Room

This class is for various levels of fitness. The instructor will offer modifications during class as needed.

MON. WED. FRI. @ **TRX 4:30 PM**

SUN. @ **TRX YOGA 8:00 AM**

All TRX Classes and Demos are limited to 12 participants. Registration is required.