the

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Sunday, November 7

STATELINE FAMILY YMCA Roscoe Branch

CLASSES

8 a.m. RPM w/ Lisa 9 a.m. RPM w/ Renee 10 a.m. Group Cycling w/ Erin 11 a.m. RPM w/ Stacy 12 p.m. Pedaling for Parkinson's w/ Michelle

Get a great workout while supporting a great cause.

Prizes for each class with a grand prize raffle.

All funds raised will support the Y's Pedaling for Parkinson's class. \$15 per Class Open to all community members

spin-a-thon

STATELINE FAMILY YMCA

Roscoe Branch 9901 Main Street Roscoe, IL 61073

815.623.5858

www.statelineymca.org