ROSCOE GYM SCHEDULE MAY 2025



SUN	MON	TUE	WED	THU	FRI	SAT
10:00-11:45am Pickleball (walk-in)	5:30-6:30am Group Exercise	5:05-6:15am Group Exercise	5:30-6:30am Group Exercise	5:05-6:15am Group Exercise	5:05-6:30am Group Exercise	
	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:00-10:45am Group Exercise
	7:45-11:00am Group Exercise	8:45-11:00am Group Exercise	7:45-11:00am Group Exercise	8:45-11:00am Group Exercise	7:45-11:00am Group Exercise	
	11:00-12:00pm Pedaling for	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm Pedaling for	11:00-12:00pm <i>Open Gym</i> 12:00-2:00pm	11:00-12:00pm Pedaling for	
	Parkinson's 12:15-2:30pm	12:00-2:00pm	Parkinson's 12:15-2:30pm	Pickleball (walk-in)	Parkinson's 12:15-2:30pm*	
	Open Gym	Pickleball (walk-in)	Open Gym	2:00-2:30pm <i>Open Gym</i>	Open Gym	
	2:30-5:00pm Open Gym (half)	2:00-2:30pm Open Gym	2:30-4:15pm Open Gym (half)	2:30-5:15pm Open Gym (half)	2:30-4:30pm Open Gym (half)	
	5:00-8:00pm Group Exercise	2:30-4:15pm Open Gym (half)		5:15-7:00pm Group Exercise		
		4:15-7:00pm Group Exercise	4:15-6:30pm Group Exercise	7:00-7:45pm <i>Open Gym</i>	*MAY 30th 1:00-2:30pm <i>Open Gym</i>	
		7:00-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>		2:30-4:30pm <i>Open Gym (half)</i>	