

# Staff Favorites

## Breakfast

[Breakfast Burritos](#)

[Keto Crustless Quiche](#) - Swap out your favorite breakfast meat and veggies!

[Berry Oat Bar](#)

[Banana Roll Up](#) - Swap the banana for apple slices!

## Lunch/Dinner

[Italian Sausage and Orzo Soup](#)

[Pasta Primavera](#)

[Oven Roasted Ratatouille](#)

[Mushroom Spinach Pasta with Shallots](#)

[Southwest Stuffed Sweet Potatoes](#)

[Bell Pepper Sandwich](#)

[Stuffed Chicken Breasts](#)

## Sides

[Corn, Tomato, and Avocado Salad](#)

[Peach and Blueberry Salad](#)

[Cucumber and Tomato Salad with Red Onion](#)

[Smashed Potatoes](#)