



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MEMORIAL DAY HOURS



## IRONWORKS BRANCH

OPEN | 4:45am - 10:00am

LAP SWIM | 5:00am - 9:45am (reservation required)

CLOSED | Activity pool, Stay N Play, & HangOut

### GROUP EXERCISE CLASSES

TIME	CLASS	INSTRUCTOR	ROOM
5:00am-6:00am	BodyPump	Sheila	KF MP
7:30am-8:15am	Zumba	Katy	MP Room
7:30am-8:30am	BodyPump	Sheila	KF MP
8:00am-9:00am	Slow Flow Yoga	Liliana	SMB
8:45am-9:15am	GRIT	Sarah	KF MP
8:45am-9:30am	Y's Way	Jen	GYM
9:20am-9:50am	Core + More	Sarah	MP Room

**ROSCOE BRANCH CLOSED**