

# TRAINED TO **SAVE**

**BE A LEADER. BE A LIFEGUARD.**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## **Blended Learning Lifeguard Certification Course**

### **COURSE DATES:**

June 7 - 10, 2024

### **LEARN:**

- First-Aid
- CPR for the Professional Rescuer
- How to utilize an AED
- How to respond to an emergency in and out of the pool

### **PRE-REQUISITES:**

- Swim 150 yards, tread Water for 2 minutes recover and swim 50 yards.
- Swim 20 yd retrieve a 10 lb object at a depth of 7 feet and swim 20 yds on back to start point.
- Be at least 15 yrs old by last day of course  
**Pre-testing is done on the first day of course.**

### **CLASS DAYS AND TIMES:**

June 7: 4:30 pm - 8:00 pm

June 8: 9:00 am - 5:00 pm

June 9: 9:00 am - 5:00 pm

June 10: 5:00 pm - 8:00 pm

**MEMBER PRICE: \$225**

**NON-MEMBER PRICE: \$275**

### **QUESTIONS?**

Contact Kim at [kwaite@statelineymca.org](mailto:kwaite@statelineymca.org).

[statelineymca.org/certification](https://statelineymca.org/certification)

**LIFEGUARD**