



175<sup>YEAR</sup>  
ANNIVERSARY

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STATELINE FAMILY YMCA PRESENTS

# ANIMATED ENERGY

LES MILLS  
SPRING  
LAUNCH



Join us for a weekend of ANIMATED ENERGY! Our Les Mills Spring Launch pays homage to a childhood pastime... SATURDAY MORNING CARTOONS! In our youth, weekends meant waking up early, grabbing a bowl of cereal, and settling in for our favorite cartoons. This launch, let's represent our favorite cartoon characters but trade the couch for an energizing sweat sesh!

Wear a shirt repping your favorite Saturday morning cartoon!

## THE LINE UP

SATURDAY

APR. 11<sup>th</sup>

ROSCOE GYMNASIUM

7:00am-8:00am	BodyPump*
8:15am-8:45am	Les Mills Core
9:00am-10:00am	BodyCombat
10:10am-10:55am	Pilates

SUNDAY

APR. 12<sup>th</sup>

IRONWORKS BRANCH

8:15am-9:00am	BodyBalance*	SMB
8:15am-8:45am	GRIT*	KFMP
8:15am-9:00am	RPM*	Cycling Studio
9:15am-9:45am	Sprint*	Cycling Studio

\*reservation required

[statelineymca.org/launch](http://statelineymca.org/launch)