



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRAINED TO **SAVE**

**BE A LEADER. BE A LIFEGUARD.**

## Blended Learning Lifeguard Certification Course

**FEB. 27 - MAR. 2, 2026**

### LEARN:

- First-Aid
- CPR for the Professional Rescuer
- How to utilize an AED
- How to respond to an emergency in and out of the pool

### PRE-REQUISITES:

- Swim 150 yards, tread Water for 2 minutes recover and swim 50 yards.
- Swim 20 yd retrieve a 10lb object at a depth of 7 feet and swim 20 yds on back to start point.
- Be at least 15 yrs old by last day of course

**Pre-testing is done on the first day of course.**

### CLASS DAYS AND TIMES:

February 27 | 4:30pm - 8:00pm

February 28 | 9:00am - 5:00pm

March 1 | 9:00am - 5:00pm

March 2 | 5:00pm - 8:00pm

**MEMBERS \$225 | COMMUNITY \$275**

### QUESTIONS?

Contact Kim at [kwaite@statelineymca.org](mailto:kwaite@statelineymca.org).

[statelineymca.org/certification](https://statelineymca.org/certification)

