

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDEPENDENCE DAYHOURS

IRONWORKS BRANCH

OPEN | 4:45am - 10:00am

LAP SWIM | 5:00am - 9:45am

CLOSED | Activity Pool, Stay N Play, and HangOut

GROUP EXERCISE CLASSES

| TIME | CLASS | INSTRUCTOR | ROOM |
|-----------------|---------------------|------------|-----------------|
| 7:30am-8:15am | RPM | Stacy | Cycling Studio* |
| 8:30am - 9:30am | BodyCombat T | Sarah | KF MP |
| 8:45am - 9:30am | Y's Way | Juanita | Gym |

*Reservation required

ROSCOE BRANCH CLOSED