



PRACTICE MAKES PERMANENT

2022 WINTER GYMNASTICS CLINICS

DECEMBER 2022

GENERAL YOUTH CLINICS

TUESDAY
20 **SKILLS & AGES**
 Cartwheels & Handstands (AGES 4-7)
 Bars (AGES 7-10)
 Youth Open Gym (AGES 6-12)

TIME
 4:15-5pm
 4:15-5pm
 5:15-6:15pm

RECOMMENDED LEVELS
 Tumble Tots, Superstars, Rollers
 Rollers, Swingers
 Rollers, Swingers, Kippers,
 Bronze Rec

WEDNESDAY
21 **SKILLS & AGES**
 Bars (AGES 4-7)
 Bridgè Kickover, Backbend,
 Handstand (AGES 7-10)

TIME
 4:15-5pm
 5:15-6pm

RECOMMENDED LEVELS
 Tumble Tots, Superstars, Rollers
 Rollers, Swingers,
 Bronze Rec

WEDNESDAY
28 **SKILLS & AGES**
 Preschool Open Gym (AGES 1-5)
 Youth Open Gym (AGES 6-12)

TIME
 10-10:30am
 10:45-11:45am

RECOMMENDED LEVELS
 Parent/Child, Tumble Tots
 Rollers, Swingers,
 Kippers, Bronze Rec

COMPETITIVE TEAM ONLY

TUESDAY
27 **SKILLS & AGES**
 Beam Routine Clinic
 Bar Routine Clinic

TIME
 4-5pm
 5-6pm

RECOMMENDED LEVELS
 All Levels
 All Levels

THURSDAY
29 **SKILLS & AGES**
 Floor Routine Clinic
 Floor Routine Clinic

TIME
 4-5pm
 5-6pm

RECOMMENDED LEVELS
 Optional Levels
 Compulsory Levels

COST

	MEMBERS	COMMUNITY
30-minute Open Gym	\$5	\$9
45-minute Clinic	\$12	\$20
1-hour Open Gym	\$8	\$12
Team Clinic	\$15	

QUESTIONS?

Contact Ashley at ahoverson@statelineymca.org

statelineymca.org/gymnasticsclinics

