## OCTOBER 2025



SUN	MON	TUE	WED	THU	FRI	SAT
	5:30-6:30am Group Exercise	5:05-6:15am Group Exercise	5:30-6:30am Group Exercise	5:05-6:15am Group Exercise	5:05-6:30am <i>Group Exercise</i>	
*OCT. 5th, 12th, 19th	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:00-10:45am <i>Group Exercise</i>
NO PICKLEBALL 8:00-9:45am Open Gym	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	10:45-2:45pm
Clinic;	11:00-12:00pm Pedaling for Parkinson's	11:00-12:00pm <i>Open Gym</i> 12:00-2:00pm <i>Pickleball</i> (walk-in)	11:00-12:00pm Pedaling for Parkinson's	11:00-12:00pm <i>Open Gym</i> 12:00-2:00pm <i>Pickleball</i> (walk-in)	11:00-12:00pm Pedaling for Parkinson's	Open Gym
*OCT. 26th 8:00-10:00am Open Gym 10:00-11:45am Pickleball (walk-in)	12:15-4:00pm Open Gym  4:00-5:00pm Open Gym (half)  5:15-6:15pm Group Exercise	2:00-4:00pm Open Gym  4:00-5:00pm Open Gym (half)  5:30-7:00pm Group Exercise	12:15-4:00pm Open Gym 4:00-5:00pm Open Gym (half) 5:15-6:15pm Group Exercise	2:00-4:00pm Open Gym  4:00-5:00pm Open Gym (half)  5:30-7:00pm Group Exercise	12:15-4:00pm <i>Open Gym</i> 4:00-5:00pm <i>Open Gym (half)</i> 5:00-6:45pm <i>Open Gym</i>	
	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>		