

# ROSCOE GYM SCHEDULE

# DECEMBER 17th-31st



SUN	MON	TUE	WED	THU	FRI	SAT
8:00am-12:00pm <i>Open Gym</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6:00-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45am-12pm <i>Open Gym</i>
	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>		8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	
	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:30pm <i>Open Gym</i>	7:45-11:00am <i>Group Exercise</i>	11:00-12:30pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	
	12:15-2:30pm <i>Open Gym</i>	12:30-2:00pm <i>Pickleball (walk-in)</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	12:30-2:00pm <i>Pickleball (walk-in)</i>		
	2:30-5:15pm <i>Open Gym (half)</i>		12:15-2:30pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym (half)</i>	12:15-2:30pm <i>Open Gym</i>	
	5:15-8:00pm <i>Group Exercise</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	5:15-7:00pm <i>Group Exercise</i>	2:30-6:00pm <i>Open Gym (half)</i>	
		5:15-7:00pm <i>Group Exercise</i>	5:15-6:30pm <i>Group Exercise</i>	7:00-7:45pm <i>Open Gym</i>	6:00-7:00pm <i>Open Gym (Full)</i>	
		7:00-7:45pm <i>Open Gym</i>	6:40-8:00pm <i>Open Gym</i>			

Schedule subject to change. All other times are open for basketball.

[statelineymca.org/schedules](http://statelineymca.org/schedules)