

ROSCOE GYM SCHEDULE

JUNE 2023



SUN	MON	TUE	WED	THU	FRI	SAT
FACILITY CLOSED	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45am-12pm <i>Open Gym</i>
	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>		8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	
	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:30pm <i>Open Gym</i>	7:45-11am <i>Group Exercise</i>	11am-12:30pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	
	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball (walk-in)</i>	11am-12pm <i>Pedaling for Parkinson's</i>	12:30-2pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
	2:30-5:15pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym</i>	12:15-5:15pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym</i>	2:30-4:45pm <i>Open Gym</i>	
	5:15-8pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	5:15-8pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	5-6pm <i>Youth Karate</i>	
		7-7:45pm <i>Open Gym</i>		7-7:45pm <i>Open Gym</i>	6-7pm <i>Open Gym</i>	

Schedule subject to change. All other times are open for basketball.

statelineymca.org/schedules