

ROSCOE GYM SCHEDULE

JANUARY 2023



SUN	MON	TUE	WED	THU	FRI	SAT
FACILITY CLOSED	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:15-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	JAN 7-14 10:45-11:45am <i>Open Gym</i>
	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	
	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:15pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	11am-12:15pm <i>Open Gym</i>	11am-12pm <i>Pedaling for Parkinson's</i>	JAN 21-31 10:45am-12am <i>Youth Basketball</i> (No Open Gym)
	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	12:30-2pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-4:45pm <i>Open Gym (half)</i>	
	5:15-8pm <i>Group Exercise</i>	5:15-7pm <i>Group Exercise</i>	2:30-5:15pm <i>Open Gym (half)</i>	5:15-7pm <i>Group Exercise</i>	5:00-6:00pm <i>Basketball Practice</i>	
		7-7:45pm <i>Open Gym</i>	5:15-8pm <i>Group Exercise</i>	7-7:45pm <i>Open Gym</i>	6:00-6:45pm <i>Open Gym (Half)</i>	