



FAMILY TRACK TIMES

Walk or run as a family on our indoor track at Ironworks! Children must be within an arm's reach of a parent/guardian at all times, and must be at least 5 years old to participate. Strollers are welcome for younger kids!

MONDAY-FRIDAY

6:30am-8:30am & 5:00pm-7:00pm

SATURDAY

11:00am-12:00pm & 2:00pm-3:00pm

SUNDAY

1:00pm-3:00pm

OUTSIDE OF FAMILY TRACK TIMES

Not a scheduled family track time? Children 10 and older are welcome to use the track! We ask that ages 10-13 are accompanied by a grown-up