



# KIDS SUMMER FITNESS



## GABBY | FIT KID INSTRUCTOR

LOOKING FOR A WAY TO KEEP YOUR KIDS ACTIVE OVER SUMMER? JOIN FIT KIDS! EACH WEEK KIDS WILL PARTICIPATE IN AN ENGAGING WORKOUT THAT INCORPORATES STRENGTH, CARDIO, STRETCH, AND ACTIVE MOVEMENTS TO KEEP THEM MOTIVATED ALL SUMMER!

# JUNE 20TH–AUG 15TH

AGES 9-12 – MONDAYS FROM 1-2PM

AGES 13-17 – FRIDAYS FROM 1-2PM

MEMBERS: \$80  
COMMUNITY: \$95

[STATELINEYMCA.ORG/YOUTHWELLENESS](https://statelineymca.org/youthwellecess)

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