

# APP FEATURES

## MENU

Access settings, locations, notifications, feedback, and app support

## FIND A CLASS

View schedules for child watch, facility areas, pool, and group exercise classes

## WORKOUTS

Log workouts and access hundreds of exercises to create a custom workout

## DEALS

Find information about deals happening at the Y

## CONNECTED APPS

Connect your Y app to other fitness tracking apps

## TRAINING

Connect with one of our Wellness Coaches for training opportunities

## ACTIVITY FEED

Connect with members on the app and support their progress

## SOCIAL MEDIA

Stay connected to your Y

## BARCODE

Scan in at the Welcome Center

## REFER A FRIEND

Invite friends by selecting from your contacts

## REWARDS

Earn points and redeem them for exclusive Y prizes

## CHALLENGES

Sign up and compete with fellow Y members

## GOAL CENTER

Track your personal workout goals

## EXTRAS

Support for healthy living, personal training, etc

