

STATELINE FAMILY YMCA presents  
**STATELINE STRONG KIDS**

# TRIATHLON

benefiting the Annual Community Campaign

YOUTH  
AGES 7-12



3.14.20

The Stataline Family YMCA Stateline Strong Kids Triathlon is open to boys and girls ages 7 to 12. The race will start at 9:30AM and take place at the Stataline Family YMCA's Ironworks Branch. We will utilize the pool, family gym and track area. Awards will be given to the top three finishers from each age division and all participants will receive a triathlon t-shirt.

Participants ages 7 to 8: 5 minute swim - 10 minute bike - 10 minute run

Participants ages 9 to 10: 10 minute swim - 15 minute bike - 15 minute run

Participants ages 11 to 12: 10 minute swim - 20 minute bike - 15 minute run

Transitions: 10 minutes between swim and bike and 5 minutes between bike and run.

Limited Space Available & Pre-Registration is required.

You will receive an email prior to the event with the specific start time for your child.

\$20 per child with **all proceeds benefit the Stataline Family YMCA Annual Community Campaign**

Registration Deadline March 8

For more information contact Melissa Robertson at 608.365.2261 or [mrobertson@statelineymca.org](mailto:mrobertson@statelineymca.org)

## STATELINE FAMILY YMCA - STATELINE STRONG KIDS TRIATHLON

PLEASE CHECK ONE AGE GROUP:

AGE 7-8

AGE 9-10

AGE 11-12

PARTICIPANT'S NAME \_\_\_\_\_ PARTICIPANT'S DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PARENT'S NAME \_\_\_\_\_ PARENT'S DATE OF BIRTH \_\_\_\_\_

CELL PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

PLEASE CHECK T-SHIRT SIZE:

YOUTH SMALL

YOUTH MEDIUM

YOUTH LARGE

ADULT SMALL

ADULT MEDIUM

ADULT LARGE

### Photo Notice

The Stataline Family YMCA reserves the right to take, edit, alter, copy, exhibit, publish, distribute, and make use of any and all pictures or video taken during this event. These photos and videos will be used for, but not limited to, promotional materials without payment or other considerations. By registering for a Stataline Family YMCA program or event, I authorize use of photos or video in all languages, media, markets and formats, as now known or hereafter devised. This authorization shall continue indefinitely, unless I otherwise revoke said authorization IN WRITING.

I understand and agree that these materials shall become property of the Stataline Family YMCA and will not be returned.

I understand and agree that my child's entire last name will not be used (unless a last initial is completely necessary).

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**VOLUNTEER**

Volunteering is more than just sharing your time and talent, it's about the satisfaction of knowing you are helping people become stronger, giving back to your community and gaining valuable work experience that will enhance your career opportunities.

## SATURDAY, MARCH 14 VOLUNTEER OPPORTUNITIES

**REGISTRATION** (Volunteer Must be at least 18 years of age)  
Assist with checking participants and volunteers in  
8:45-11:45AM

**TRAFFIC DIRECTORS** (Volunteer Must be at least 18 years of age)  
Help keep participants and parents moving between events, monitor locker rooms and assist with transitions  
9:15AM-1:15PM

**SWIM ORGANIZERS** (Volunteer Must be at least 13 years of age)  
Will assist swimmers to and from the pool area and tally the total laps for a particular swimmer during each heat  
9:00AM-1:30PM

**BIKE ORGANIZERS** (Volunteer Must be at least 13 years of age)  
Will assist participants on and off spin bikes, helping with bike adjustments, monitoring bike times and documenting mileage during each heat  
9:30AM-1:30PM

**TRACK ORGANIZERS** (Volunteer Must be at least 13 years of age)  
Will assist runners to and from the track area and tally the total laps for a particular runner during each heat  
10:00AM-2:00PM

PLEASE CHECK ADULT T-SHIRT SIZE:

SMALL     MEDIUM     LARGE     X-LARGE     XX-LARGE

Complete full  
volunteer  
application to help!



STATELINE FAMILY YMCA [www.statelineymca.org](http://www.statelineymca.org)

Ironworks Branch  
501 Third Street  
Beloit, WI 53511  
608.365.2261

Roscoe Branch  
9901 Main Street  
Roscoe, IL 61073  
815.623.5858

Youth Sports Complex  
3301 Prairie Avenue  
Beloit, WI 53511  
608.365.2261

Gymnastics Center  
1239 Huebbe Parkway  
Beloit, WI 53511  
608.312.2357

