

COOKING CLASSES

KERRY NUTRITION ROOM

THE DETAILS

MEMBERS \$25 NON-MEMBERS \$35

**TUESDAY
JUNE 28TH | 6PM**

Parents + Kids // 1 hour length// Healthy Bonfire Snacks
Our nutrition specialist, Erin, will be creating healthy kabobs and bonfire treats for the whole family!

**TUESDAY
AUG. 16TH | 6PM**

Teens (Ages 13-18) // 1 hour length// Breakfast Smoothies
Specialist, Heather, will be blending up some nutritious and delicious (and quick) smoothies to get you ready for back to school!

QUESTIONS?

CORTNEE MCREYNOLDS

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