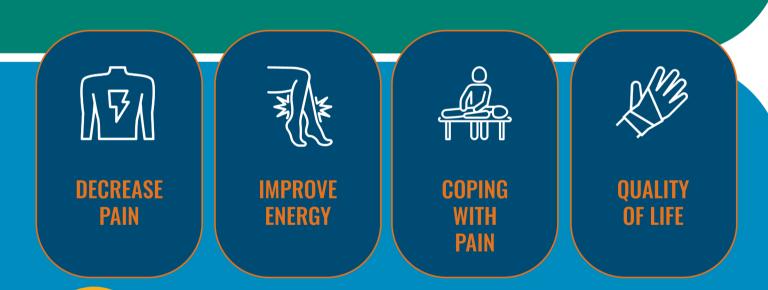






CHRONIC PAIN WORKSHOP

ADRC and the YMCA are collaborating to provide the community with a workshop on chronic pain. This is a 6-week course for ages 60+ A suggested donation of \$20, includes resource book & class materials.



WHEN
Wednesday Mornings
Sept. 3rd - Oct. 8th
9:30AM - 12PM

Ironworks
Conference Room

WHERE

Register by August 27th, 2025, by calling Lisa Messer at the Rock County ADRC: 608.757.5309

or email:

lisa.messer@co.rock.wi.us