

# TRAUMA-INFORMED CARE GUIDING PRINCIPLES



## **Cultural, Historical and Gender Issues**

The organization actively moves beyond stereotypes and bias by acknowledging the impact of historical trauma and practicing cultural humility.

#### Safety

All people feel physically and emotionally safe throughout the organization.

## **Trust and Transparency**

Transparency about why and how decisions are being made builds trusting relationships.

## **Peer Support**

Opportunities are offered for people to learn from each other in order to create a culture that encourages belongingness and promotes recovery, healing and resilience.

#### **Voice and Choice**

Choices are provided and others are invited to have voice in decisions based on the belief that all people have strengths to offer.

# **Collaboration and Mutuality**

Relationships are viewed as critical for supporting resilience through meaningful sharing of power and decision-making.