## SEPTEMBER 2025



SUN	MON	TUE	WED	THU	FRI	SAT
10:00-11:45am Pickleball (walk-in)	5:30-6:30am Group Exercise	5:05-6:15am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:15am Group Exercise	5:05-6:30am <i>Group Exercise</i>	
	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:00-10:45am <i>Group Exercise</i>
	7:45-11:00am Group Exercise	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	10:45-2:45pm <i>Open Gym</i>
	11:00-12:00pm  Pedaling for  Parkinson's	11:00-12:00pm Open Gym  12:00-2:00pm Pickleball (walk-in)	11:00-12:00pm Pedaling for Parkinson's	11:00-12:00pm Open Gym  12:00-2:00pm Pickleball (walk-in)	11:00-12:00pm Pedaling for Parkinson's	open dym
	12:15-4:00pm <i>Open Gym</i>	2:00-4:00pm <i>Open Gym</i>	12:15-4:00pm <i>Open Gym</i>	2:00-4:00pm <i>Open Gym</i>	12:15-4:00pm <i>Open Gym</i>	
	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm Open Gym (half)	4:00-5:00pm Open Gym (half)	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm <i>Open Gym (half)</i>	
	5:15-6:15pm Group Exercise	5:30-7:00pm <i>Group Exercise</i>	5:15-6:15pm <i>Group Exercise</i>	5:30-7:00pm <i>Group Exercise</i>	5:00-6:45pm <i>Open Gym</i>	
	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>		