



Get in a great workout while supporting our Pedaling for Parkinson's program. This program allows individuals with a Parkinson's Disease diagnosis to attend three spin classes each week at no cost. Biking has proven to significantly reduce symptoms of Parkinson's.

**SUNDAY, NOVEMBER 2nd**

**ROSCOE BRANCH**

9901 Main St.  
Roscoe, IL 61073

**SPONSORSHIP & RAFFLE DONATION  
OPPORTUNITIES AVAILABLE!**

**QUESTIONS?**

Contact Stacy at  
[shill@statelineymca.org](mailto:shill@statelineymca.org)

**LEARN MORE  
& SIGN-UP!**

[statelineymca.org/p4p](http://statelineymca.org/p4p)



**\$20**  
PER CLASS

**CLASSES**

Several great class opportunities throughout the course of the event provides a great opportunity for ALL to support this wonderful cause. Classes & times are announced as the event nears.

OPEN TO THE COMMUNITY!