

TRAINED TO **SAVE**

BE A LEADER. BE A LIFEGUARD.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Blended Learning Lifeguard Certification Course

FEBRUARY 6 – 9, 2026

LEARN:

- First-Aid
- CPR for the Professional Rescuer
- How to utilize an AED
- How to respond to an emergency in and out of the pool

PRE-REQUISITES:

- Swim 150 yards, tread Water for 2 minutes recover and swim 50 yards.
- Swim 20 yd retrieve a 10lb object at a depth of 7 feet and swim 20 yds on back to start point.
- Be at least 15 yrs old by last day of course

Pre-testing is done on the first day of course.

CLASS DAYS AND TIMES:

February 6 | 4:30pm – 8:00pm

February 7 | 9:00am – 5:00pm

February 8 | 9:00am – 5:00pm

February 9 | 5:00pm – 8:00pm

MEMBERS \$225 | COMMUNITY \$275

QUESTIONS?

Contact Kim at kwaite@statelineymca.org.

statelineymca.org/certification

