## ROSCOE GYM SCHEDULE JULY 2025



SUN	MON	TUE	WED	THU	FRI	SAT
CLOSED	5:30-6:30am <i>Group Exercise</i>	5:05-6:15am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:15am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	
	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:00-10:45am <i>Group Exercise</i>
	7:45-11:00am Group Exercise	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am Group Exercise	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	
	11:00-12:00pm  Pedaling for  Parkinson's	11:00-12:00pm <i>Open Gym</i> 12:00-2:00pm <i>Pickleball</i>	11:00-12:00pm Pedaling for Parkinson's  12:15-2:30pm	11:00-12:00pm <i>Open Gym</i> 12:00-2:00pm <i>Pickleball</i>	11:00-12:00pm Pedaling for Parkinson's  12:15-2:30pm	
	12:15-2:30pm <i>Open Gym</i>	(walk-in) 2:00-2:30pm Open Gym	Open Gym	(walk-in) 2:00-2:30pm Open Gym	Open Gym	
	2:30-5:00pm <i>Open Gym</i>	2:30-5:15pm Open Gym (half)	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-4:30pm <i>Open Gym (half)</i>	
	5:15-6:15pm Group Exercise	5:30-7:00pm Group Exercise	5:15-6:15pm Group Exercise	5:30-7:00pm Group Exercise		
	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	4:45-6:45pm <i>Open Gym</i>	