



GYMNASTICS & CHEER CLINICS



THURSDAY
AUG. 28th

GYMNASTICS CLINICS

SKILLS & AGES

Cartwheel & Handstand
Ages 4-9

Bridge Kickover, Backbend, Back-walkovers
Ages 6-12

Round-off Clinic
Ages 6-12

**Bars: Pullovers to Kips, & Back Hip
Circles to Front Hip Circles**
Ages 6-12

Vault: Squat On's to Front Handsprings
Ages 6-12

TIME

4:30-5:15pm

4:30-5:15pm

5:30-6:15pm

6:30-7:15pm

6:30-7:15pm

RECOMMENDED LEVELS

Tumble Tots, Superstars, and Rollers

Rollers, Swingers, Pre-kippers, & Bronze Rec.

Swingers, Pre-Kippers, Kippers, Bronze Rec., & Silver Rec.

Swingers, Pre-Kippers, Kippers, Bronze Rec., Silver Rec., Hot Shots, Pre-team, Team

Rollers, Swingers, Pre-Kippers, Kippers, Bronze Rec., Silver Rec., Hot Shots, Pre-team, Team

CHEER CLINIC

SKILLS & AGES

Competitive Cheer Basics
Ages 5-12

TIME

5:30-6:15pm

RECOMMENDED LEVELS

All skill levels



STATELINE FAMILY GYMNASTICS CENTER
1239 Huebbe Parkway, Beloit, WI 53511

COST Member \$12
Community \$20

REGISTER ONLINE: www.statelineymca.org/gymnasticsclinics

For more information, please contact Kristin at kdemann@statelineymca.org