

ROSCOE GYM SCHEDULE

NOVEMBER 2025



SUN	MON	TUE	WED	THU	FRI	SAT
	5:30-6:30am <i>Group Exercise</i>	5:05-6:15am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:15am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	
	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:00-10:45am <i>Group Exercise</i>
8:00-10:00am <i>Open Gym</i>	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	
10:00-11:45am <i>Pickleball (walk-in)</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	10:45-2:45pm <i>Open Gym</i>
*NOV. 2nd All Hours Of Operation GYM CLOSED AND PICKLEBALL CANCELLED FOR SPINATHON EVENT. Join us for a great workout in support of our Pedaling for Parkinson's program!		12:00-2:00pm <i>Pickleball (walk-in)</i>		12:00-2:00pm <i>Pickleball (walk-in)</i>		
	12:15-4:00pm <i>Open Gym</i>	2:00-4:00pm <i>Open Gym</i>	12:15-4:00pm <i>Open Gym</i>	2:00-4:00pm <i>Open Gym</i>	12:15-4:00pm <i>Open Gym</i>	
	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm <i>Open Gym (half)</i>	4:00-5:00pm <i>Open Gym (half)</i>	
	5:15-6:15pm <i>Group Exercise</i>	5:30-7:00pm <i>Group Exercise</i>	5:15-6:15pm <i>Group Exercise</i>	5:30-7:00pm <i>Group Exercise</i>	5:00-6:45pm <i>Open Gym</i>	
	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	*NOV. 13th-DEC. 19th 5:00pm-close CLOSED for Rookie Basketball	

Schedule subject to change. All other times are open for basketball.

statelineymca.org/schedules