

ROSCOE GYM SCHEDULE

SEPTEMBER 2026



SUN	MON	TUE	WED	THU	FRI	SAT
	5:30-6:30am <i>Group Exercise</i>	5:00-6:15am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:00-6:15am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6:00-6:30am <i>Open Gym</i>
	6:45-7:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:30-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	6:45-10:30am <i>Group Exercise</i>
8:00-11:45am* <i>Open Gym</i>	7:45-10:55am <i>Group Exercise</i>	8:00-10:55am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	9:00-10:55am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	
	11:00-12:00pm <i>Pedal for Progress</i>	11:05-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedal for Progress</i>	11:05-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedal for Progress</i>	10:45am-2:45pm <i>Open Gym</i>
	12:15-2:30pm <i>Open Gym</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
		2:00-2:30pm <i>Open Gym</i>		2:00-2:30pm <i>Open Gym</i>		
*SEPT. 13th 8:00am-10:30am <i>CLOSED for Corporate Cup Group Exercise Event</i>	2:30-5:00pm <i>Open Gym (half)</i>	2:30-4:15pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	
	5:15-6:15pm <i>Group Exercise</i>	4:30-6:55pm <i>Group Exercise</i>	5:15-6:15pm <i>Group Exercise</i>	5:30-6:55pm <i>Group Exercise</i>	5:00-6:45pm <i>Open Gym</i>	
10:30-11:45am <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:10-7:45pm <i>Open Gym</i>	6:30-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>		

WE WILL BE REFINISHING THE FLOORS IN THE GYMNASIUM

THURSDAY, SEPTEMBER 17th-SUNDAY, SEPTEMBER 20th

OPEN GYM: The gym will be closed Thursday, Sept. 17th through Saturday, Sept. 20th, reopening at 8:00am Monday, Sept. 21st.
BODYPUMP AT 5:15AM ON 9/17 WILL TAKE PLACE AS SCHEDULED.

PICKLEBALL: Due to the time it takes to remove tape before the project and replace it afterwards, there will be NO PICKLEBALL
Monday, Sept. 14th through Sunday, Oct. 4th.

Schedule subject to change.

statelineymca.org/schedules