statelineymca.org



FOR

STATELINE FAMILY YMCA

OCTOBER 18

ROSCOE BRANCH 5:30pm-6:30pm

Free & open to the whole community (ages 10+)!*

> *Ages 10-11 require an adult present

OCTOBER 19 & 20 LES MILLS LAUNCH IRONWORKS BRANCH

SATURDAY 10.19

7:00am BodyPump* Gym 8:15am Les Mills Core Gym 9:00am BodyCombat Gym

SUNDAY 10.20

8:15am RPM* Spin Room **GRIT*** KFMP 8:15am Spin Room 9:00am Sprint*

*Reservation required

THIS FLYER DOUBLES AS A COUPON!

Not a member, but want to join in the fun!?

Turn this flyer into one of our branches by 10/25/2024 and we will waive the joiner's fee!