

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# SET SPIKE GROW

## **VOLLEYBALL Skills Clinic**

**Roscoe Branch** 

In this <u>clinic</u>, players will work on skill building and proper techniques. We will cover targeting, blocking, passing, setting, and serving. Players will learn to keep a positive attitude and build their sense of teamwork. We make our drills fun and challenging. We work with each young athlete and will adjust our drills to fit their skill level.

### February 19th - March 22nd

Monday & Wednesday 1st - 5th Grade 4:30-5:30 Tuesday & Thursday 5th - 8th Grade 4:30-6:00

\*5th-8th grade session - we ask that 5th grade participants be ready for the next level of play. This session players should be able to pass to a target, serve, and have attended the 1st-5th grade session.

1st - 5th Grade Monday & Wednesday Members: \$49 Non- Members: \$64 5th - 8th Grade Tuesday & Thursday Members: \$59 Non- Members: \$74

Registration Deadline: February 16th \$10 late fee if registering after deadline

#### Sign up by February 9th and receive \$5 off

Contact Carrie Human if you have questions 815.623.5858 or chuman@statelineymca.org

	Grades 1-5	[ ]	Grades 5	-8 [ ]				
Participants Name:		DOB	//		Child's	School: _		
Parent/Guardian Name:			Primary Phone/Provider:/					
Email:			Mailing Addre	ss:				