



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVITY POOL DAILY SCHEDULE

January 1 - 6

TUESDAY, JANUARY 1

10:00 - 11:00: Family Swim
11:00 - 1:30: Open Swim - SLIDE ON

WEDNESDAY, JANUARY 2

7:00 - 8:00: Adult Swim
8:00 - 9:00: Water Exercise
9:00 - 10:30: Water Exercise
10:30 - 11:30: Swim Lessons
11:30 - 1:00: Adult Swim - with Current Channel
1:00 - 3:00: Open Swim - SLIDE OPEN
3:00 - 3:30: Swim Lessons
3:30 - 5:00: Open Swim - No Features
5:00 - 7:00: Family Swim Time
7:00 - 8:30: Open Swim - SLIDE OPEN
8:30 - 9:00: Open Swim

THURSDAY, JANUARY 3

7:00 - 8:30: Adult Swim
8:30 - 9:30: Water Exercise
9:30 - 10:30: Water Exercise
10:30 - 11:30: Swim Lessons
11:30 - 1:00: Adult Swim - with Current Channel
1:00 - 3:30: Open Swim - SLIDE OPEN
3:30 - 6:00: Open Swim
6:00 - 8:30: Open Swim - SLIDE OPEN
8:30 - 9:00: Open Swim

FRIDAY, JANUARY 4

7:00 - 8:00: Adult Swim
8:00 - 9:00: Water Exercise
9:00 - 10:00: Adult Swim
10:00 - 11:30: Family Swim
11:30 - 1:00: Adult Swim - with Current Channel
12:45 - 1:00: Open Swim - with Current Channel
1:00 - 4:30: Open Swim - SLIDE OPEN
4:30 - 6:30: Open Swim - No Features
6:30 - 7:30: Open Swim - SLIDE OPEN
7:30 - 8:00: Open Swim

SATURDAY, JANUARY 5

8:00 - 9:00: Adult Swim
9:00 - 11:00: Swim Lessons
11:00 - 1:00: Open Swim
1:00 - 4:00: Open Swim - SLIDE OPEN
4:00 - 4:30: Open Swim

SUNDAY, JANUARY 6

10:00 - 11:00: Adult Swim
11:00 - 1:00: Swim Lessons
1:00 - 4:00: Open Swim - SLIDE OPEN
4:00 - 4:40: Open Swim

Water Exercise: During this time, the pool is only open to those participating in the fitness class.

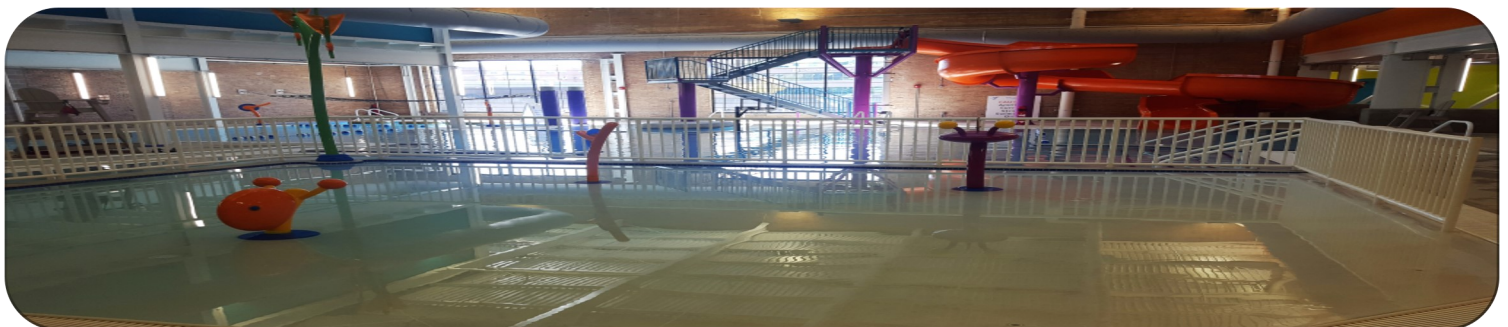
Swim Lessons: During this time, the only activity being held in the pool will be swim lessons. Participants must be pre-registered.

Adult Swim: During this time the pool is available for those who are ages 16 and older to use. This would be a great time to water walk in the lane area.

Open Swim without features: During this time, the Activity Pool will be available for use to everyone. We will require youth swimmers under the age of 16 to take a swim test if they would like to use the Instructional/Lap Area. The Lily Walk, Slide, and Current Channel will not be in use at this time. Children under the age of 7 must be accompanied by an adult in the water with them while using the pool at all times. The Zero Depth Area with Spray Features should be available.

Open Swim - SLIDE OPEN: During this time, the Activity Pool will be available for use to everyone. The slide will be on for those swimmers 48 inches or taller, the Lily Walk should be available to those swimmers who have passed the swim test, and the Current Channel may be available. Children under the age of 7 must be accompanied by an adult with them in the water at all times. The Spray Features should be on as well.

- **PLEASE NOTE: Schedule is subject to change at anytime.**





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LAP POOL DAILY SCHEDULE

January 1-6

TUESDAY, JANUARY 1:

9:00 – 11:00: Adult Lap Swim
11:00 – 1:30: 3 Lane Lap Swim/1 Lane Swim Testing

WEDNESDAY, JANUARY 2:

5:00 – 8:50: Adult Lap Swim
9:00 – 10:00: Water Exercise Class
10:15 – 1:00: Lap Swim
1:00 – 9:00: 3 Lane Lap Swim/1 Lane Swim Testing

THURSDAY, JANUARY 3:

5:00 – 1:00: Adult Lap Swim
1:00 – 9:00: Lap Swim

FRIDAY, JANUARY 4:

5:00 – 8:50: Adult Lap Swim
9:00 – 10:00: Water Exercise Class
10:15 – 1:00: Lap Swim
1:00 – 9:00: 3 Lane Lap Swim/1 Lane Swim Testing

SATURDAY, JANUARY 5:

6:00 – 9:00: Adult Lap Swim
9:00 – 11:00: 2 Lane Lap Swim/Swim Lessons
11:00 – 4:30: 3 Lane Lap Swim/1 Lane Swim Testing

SUNDAY, JANUARY 6:

8:00 – 11:00: Adult Lap Swim
11:00 – 1:00: 1-2 Lane Lap Swim/Swim Lessons/Logrolling
1:00 – 4:30: 3 Lane Lap Swim/1 Lane Swim Testing



Water Exercise: During this time, the pool is only open to those participating in the fitness class.

2 Lane Lap Swim/Swim Lessons: During this time, 2 lanes will be used by our swim lesson program and 2 lanes will be available for lap swimming.

Adult Lap Swim: During this time the pool is available for those who are ages 18 and older to use who are continuously swimming laps.

Lap Swim: During this time, the pool is available for those who are ages 16 and older to use who are continuously swimming laps.

3 Lane Lap Swim/1 Lane for Swim Testing: During this time, the pool is available for those who are ages 16 and older who are continuously swimming laps. We may use 1 lane to administer our swim test to Open Swim swimmers during this time.

- **PLEASE NOTE:** Schedule is subject to change at anytime.