



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# READY, SET... RUN!

## Youth Running Club STATELINE FAMILY YMCA Ironworks Branch

Running has so many health benefits and running with friends is more fun!

Any child ages 8-12 of all skill levels can join — doesn't matter if you are new to putting on running shoes or if you have a closet full of them. We want you on the track/trail with us! Bring a friend and let's run together!

Simply meet us in the main entrance of the Ironworks Branch on Monday's and Wednesday's at 7:00 p.m. We will either go outdoors or on the indoor track.

Please contact lead volunteer, Nicole Clark at [n.clark387@gmail.com](mailto:n.clark387@gmail.com) for more information. Also, download our Stateline Family YMCA App to stay up to date!

**FREE for members**

**Mondays & Wednesday  
7:00 p.m.  
Ironworks Branch**