



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LIFE IS BETTER IN THE POOL

## Private Swim Lessons STATELINE FAMILY YMCA

Private Swim Lessons are offered for all skill levels and are ideal for those who prefer or need more one-on-one time. Lessons are given by experienced swim instructors.

The YMCA offers several options for private lessons and are scheduled at your convenience.



### Private Swim Lesson Registration Form – One Form per Person

Participant Name: \_\_\_\_\_ M/F Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Primary Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_  Member  Non-Member

Most Convenient Days:

Monday  Tuesday  Wednesday  Thursday  Friday  Saturday  Sunday

Most Convenient Times:

9am-12pm  12pm-4pm  4pm-7:30 pm (only available during the week)

Please describe your swimmers skill set or areas that need improvement: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



Private Swim Lessons allow you the opportunity to improve your swimming skills with swim instruction tailored to your individual goals.

### Why should you take private lessons?

- Stroke Development – Work on simple or advanced techniques that will help you or your child build endurance.
- Personal Growth – Learning to swim and excel in swimming helps build self-confidence in and out of the pool.
- One-on-One Time – Personalized attention will help build understanding of techniques and skill while building endurance.

Private lessons are available for ages three and up, and open to everyone from beginners to advanced swimmers. Small group or family classes can also be arranged.

Please note - Sessions may only be rescheduled with 4 hour notice given directly to the assigned Instructor or 24 hour notice to the Swim Lesson Coordinator. Otherwise the session counts as a completed lesson towards the paid package.

## SIGN UP TODAY!

	Member	Non Member
<b>5 x 30 Minute Lessons</b>		
1 person	\$100	\$150
2 people	\$120	\$170
3 people	\$140	\$190
<b>10 x 30 Minute Lessons</b>		
1 person	\$160	\$210
2 people	\$180	\$230
3 people	\$200	\$250
<b>5 x 45 Minute Lessons</b>		
1 person	\$140	\$190
2 people	\$160	\$210
3 people	\$180	\$230

Questions: Contact Kim Waite at [kwaite@statelineymca.org](mailto:kwaite@statelineymca.org) or 608-365-2261